



In accordance with Section 4 of the NCYFL Handbook all Athlete Playdown Request must be facilitated by way of Google Forms which will be facilitated by a league representatives of an organization involved in the requested playdown. Please contact your respective organizations league representative for further details or information.

Please note the following and review Section 4 of the league handbook prior to requesting ANY playdown:

- **Play down requests must be submitted to the NCYFL Board of Directors / League Reps by way of the Google Form for the current year found on the league's website prior to the start of the season.**
- **Play down requests must be voted upon in person (or vote in proxy if a full vote is not viable due to restrictions outside the control of the NCYFL) and approved before final rosters are verified.**
- **Athletes approved to playdown that are less than 4 months old from the approved age cutoff date (**February 1st - June 1st**) will be allowed to play outside of the “X” man rules so long as the requirements under 4.7.8 are fulfilled.**
- **Athletes that are between 4 and 6 months older (**December 1st - February 1st**) than the approved league age and must be marked and played as an “X” man/ weight waived player.**