



# North Cascade Youth Football League

PO Box 1433 Burlington, WA 98233

<http://www.northcascadeyouthfootballleague.com>

## NCYFL Field Monitor Rules and Duties

Home Site Must Provide 1 MONITOR PER SITE / PER GAME

- 1- Site: weigh in & maintaining scoresheet,
- 2- for maintaining a presence on the Home sideline

Visiting team will provide a monitor for their side and report to Site Monitor

### BASIC DUTIES

MUST WEAR NCYFL VEST

GAMES ARE (4) 10 MINUTE QUARTERS

CONDUCT WEIGH INS BEFORE THE 4TH QUARTER (OF THE GAME IN PROCESS) OR 30 MINUTES BEFORE FIRST GAME OF THE DAY.

ACT AS LIAISON BETWEEN PARENTS, FANS, AND COACHES REGARDING NCYFL CODE OF CONDUCTS. ADDRESS ALL CONDUCT VIOLATIONS IN GAME TO ELIMINATE VIOLATIONS AND REPORT ALL MISCONDUCT OR VIOLATIONS OF NCYFL RULES AND REGULATIONS TO NCYFL OFFICERS

- ENSURE CHAIN CREW VOLUNTEERS ARE COMPLYING
- ENSURE COACHES DO NOT HAVE CELL PHONE ON SIDELINE DURING GAMES
- BE MOBILE AND WALK FIELD
- NO COACHING OR EXCESSIVE CHEERING
- ENSURE OFFICIAL NCYFL HANDBOOK IS AVAILABLE
- ENSURE BOTH TEAMS HAVE BIRTH CERTIFICATES, SIGNED CODE OF CONDUCTS, REGISTRATION AND 2 TYPED ROSTERS (OPPOSING TEAM, FIELD MONITOR) WITH NAME, WEIGHT, JERSEY NUMBER, DATE OF BIRTH.
- INITIATE OFFICIAL SCORE SHEET (ANY PLAYER NOT ELIGIBLE TO PLAY FOR ANY REASON WILL BE RECORDED ON THE SCORE SHEET. **BOTH COACHES MUST INITIAL THE SCORE SHEET BEFORE THE GAME STARTS!**)
- MAINTAIN SCORE SHEET DURING THE GAME SCORING, EJECTIONS, AND MAJOR PENALTIES (YOU WILL BE NOTIFIED OF MAJOR PENALTIES BY WHITE HAT)
- ENSURE SCORE SHEET SIGNED BY BOTH COACHES AFTER GAME.



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## WEIGH IN PROCEDURE

ONE COACH FROM EACH TEAM MUST BE PRESENT DURING WEIGH INS.

### New For 2018:

- UNLIMITED OVER-WEIGHT ALL DIVISIONS
- 5 ALLOWED ON THE FIELD AT ONE TIME
- FULL TEAM WEIGH-IN WEEK 1 (First Game) MANDATORY
  - SUBSEQUENT WEEKS: WEIGH IN THOSE ON THE BUBBLE (this means that if you have already conceded a kid as an "X" player or a smaller kid is not even close to the weight, let's save time and not even weigh these guys.)
  - OPPOSING COACH'S DISCRETION – if the opposing coach wants kid weighed you must comply

### THE TABLE BELOW OUTLINES MAXIMUMS INCLUDING GEAR WEIGHT:

DIVISION	STANDARD WEIGHT LIMIT	STANDARD PLUS GEAR	WAIVER LIMIT	WAIVER LIMIT WITH GEAR
PEEWEE	110 LBS	118 LBS	UNLIMITED	UNLIMITED
MIDGET	125 LBS	133 LBS	UNLIMITED	UNLIMITED
JUNIOR	165 LBS	173 LBS	UNLIMITED	UNLIMITED
SENIOR	195 LBS	203 LBS	UNLIMITED	UNLIMITED

If a player with gear is close to division weight, he may remove as much gear as he needs to make the unrestricted "Standard Weight". Let's not waste efforts peeling gear off kids who aren't close.

**ALL WAIVER PLAYERS MUST HAVE A CONTRASTING COLORED "X" ON THE BACK OF THEIR HELMET SO THAT THE COACHES AND REFS KNOW THEY ARE WEIGHT WAIVERED.**